

## Theories of Personality

PSY 300

The concept of personality is explored via the developmental theories of several social scientists. The impact of personality upon such processes as intelligence, anxiety, health, aggression, altruism, and moral behavior is studied.

Demonstrate an understanding of the development of personality structure.

The student will:

- A-1 Define personality.
- A-2 Understand the various views of personality developments according to different theories, including Psychoanalytic, Cognitive, Behavioral, and Humanistic.

Demonstrate understanding of four major theoretical approaches to personality development.

The student will:

- C-1 Describe how an individual's thinking process is impacted by personality.
- C-2 Explain how behavioral emotion is impacted by personality.
- C-3 Identify how personality can lead to vulnerability or resilience.

Apply an understanding of theories of personality to specific individuals (historic and self).

The student will:

- D-1 Describe a person's life, listing major life events.
- D-2 Using theories, explain subsequent behavior of the individual.